



# 2022 GOALS

## My Goals

A large, empty rounded rectangle with a thick yellow border, intended for writing down the user's goals for 2022.

## My Motivations

A large, empty rounded rectangle with a thick teal border, intended for writing down the user's motivations for 2022.

## Actions To Take



## Potential Problems





# PROGRESS TRACKER

Check in monthly on how you are progressing  
with your goals

Jan:

Jul:

Feb:

Aug:

Mar:

Sep:

Apr:

Oct:

May:

Nov:

Jun:

Dec:



# MY NOTES

A large, empty white rectangular area with rounded corners, framed by a thick yellow border. This area is intended for the user to write their notes.



If you want  
accountability, tips, and  
support keeping track of  
your goals....

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\*Offer only available if booked in January 2022

